

Quadracracng – Wadennhoe – Race 4 – Competitor Profiles

ANITA BUXTON



Returning once again (Anita is another of regulars having competed at Wadenhoe over 8 times in the past), Anita is in a relaxed mood prior to the start. Anita has been competing in multi sport events for 5 years, and enjoys adventure racing, taking part in full length quads (another who considers Wadenhoe a sprint – streuth what do these people have for breakfast – as I want some of it!!!) and likes mixed events and a punishing course. Wadenhoe, despite being a 'sprint' should provide that.

Anita returns to Wadenhoe time and again, as she feels great after the event. She finds the event friendly and fun, and is most looking forward to seeing the finish line. Describing the challenge as a 'good crack' and good training for other longer races. (note we must make Wadenhoe harder somehow next year !!!). She normally competes in the quad so is a little apprehensive that it is 'just' a run bike run, but hopes to have a good race none the same.

Of the infamous mud, Anita laughs that 'Wadenhoe wouldn't be Wadenhoe without it, and hearing the screams from the first timers as they go through the swamp for the first time always brings a smile to her face'.



Anita somehow manages to squeeze into her busy life 3 run sessions of an hour each time, a ride of at least 50 miles each Saturday, time in the gym and some swim sessions each week. An impressive amount, and we all wish Anita well for this event, and hope that next time, she will be able to paddle again when hopefully we can run the quad alongside the run bike run.