

Quadrathlon 2009 Runner Times

| Position | Number | Name | Category | Club | Swim | Kayak | Cycle | Run | Total |
|----------|--------|-------------------|----------|---------------------------|----------|----------|----------|----------|----------|
| 1 | 27 | Keith Longney | MV40 | BQA | 00:11:38 | 00:25:13 | 00:48:05 | 00:22:27 | 01:47:23 |
| 2 | 9 | Andy Grimwood | MV40 | Lincsquad | 00:12:44 | 00:22:55 | 00:50:02 | 00:23:14 | 01:48:55 |
| 3 | 26 | Richard Beard | MV50 | Quadrac | 00:14:34 | 00:26:15 | 00:49:21 | 00:23:18 | 01:53:28 |
| 4 | 14 | Peter Hart | MV50 | Lakes Quad | 00:14:17 | 00:27:25 | 00:49:29 | 00:24:43 | 01:55:54 |
| 5 | 45 | Alex Copestake | MU21 | - | 00:21:37 | 00:38:35 | 00:33:56 | 00:22:06 | 01:56:14 |
| 6 | 25 | Ryan Hunt | MU21 | Royal Leam Spa Canoe Club | 00:15:59 | 00:27:32 | 00:43:26 | 00:29:35 | 01:56:32 |
| 7 | 46 | Dean McIntyre | MV40 | Falcon Canoe Club | 00:12:11 | 00:25:35 | 00:53:02 | 00:27:11 | 01:57:59 |
| 8 | 7 | Dan Broughton | SM | Lincsquad | 00:14:44 | 00:30:50 | 00:48:43 | 00:24:35 | 01:58:52 |
| 9 | 4 | Helen Dyke | SF | Torbay Tri Club | 00:12:18 | 00:31:55 | 00:54:17 | 00:21:08 | 01:59:38 |
| 10 | 19 | Phil Binch | MV40 | Lincsquad | 00:12:31 | 00:30:04 | 00:53:27 | 00:25:58 | 02:02:00 |
| 11 | 23 | Christine Johnson | SF | Ashford Tri | 00:10:54 | 00:37:28 | 00:50:01 | 00:25:04 | 02:03:27 |
| 12 | 34 | Steven Bullivant | SM | Lincsquad | 00:14:24 | 00:24:55 | 01:01:43 | 00:25:10 | 02:06:12 |
| 13 | 5 | Simon Currie | MV40 | Army Triathlon Ass | 00:15:16 | 00:39:50 | 00:49:33 | 00:22:27 | 02:07:06 |
| 14 | 29 | Ed George | SM | - | 00:14:38 | 00:29:28 | 00:54:42 | 00:28:37 | 02:07:25 |
| 15 | 16 | Jean Ashley | FV50 | Lincsquad | 00:14:31 | 00:27:40 | 01:00:37 | 00:24:45 | 02:07:33 |
| 16 | 20 | Anita Buxton | SF | Cambridge Triathlon Club | 00:14:41 | 00:35:46 | 00:53:02 | 00:24:39 | 02:08:08 |
| 17 | 6 | Tim Wood | SM | - | 00:13:32 | 00:30:39 | 01:00:39 | 00:24:55 | 02:09:45 |
| 18 | 31 | Geoff Fletcher | MV40 | East London Triathletes | 00:14:28 | 00:38:16 | 00:52:55 | 00:26:57 | 02:12:36 |
| 19 | 18 | Kate Ashley | FU21 | Lincsquad | 00:17:50 | 00:32:00 | 00:46:39 | 00:36:12 | 02:12:41 |
| 20 | 10 | Melanie Nicholls | SF | Avon Valley Runners | 00:12:25 | 00:35:03 | 01:01:45 | 00:25:25 | 02:14:38 |
| 21 | 41 | Clive Hawkins | MV40 | - | 00:17:33 | 00:40:04 | 00:58:33 | 00:22:54 | 02:19:04 |
| 22 | 21 | Sandra Lee | SF | Fen Tri Club | 00:14:04 | 00:35:37 | 01:02:17 | 00:27:08 | 02:19:06 |
| 23 | 35 | Lee Mason | SM | Bedford Traktors | 00:18:15 | 00:38:18 | 00:58:50 | 00:24:43 | 02:20:06 |
| 24 | 43 | Geoff Tilford | MV50 | - | 00:18:57 | 00:24:50 | 01:05:15 | 00:31:54 | 02:20:56 |
| 25 | 17 | Lucy Ashley | FU21 | Lincsquad | 00:15:26 | 00:34:57 | 00:50:03 | 00:40:33 | 02:20:59 |
| 26 | 36 | Tony Preston | MV40 | - | 00:15:56 | 00:49:06 | 00:52:16 | 00:24:24 | 02:22:42 |
| 27 | 11 | Gill Otto | FV50 | Shrewsbury Canoe Club | 00:19:04 | 00:34:27 | 01:02:23 | 00:27:41 | 02:23:35 |
| 28 | 8 | Christian Patton | SM | - | 00:16:06 | 00:45:09 | 00:57:02 | 00:25:52 | 02:24:09 |
| 29 | 30 | Melanie George | SF | - | 00:16:55 | 00:33:17 | 01:05:35 | 00:28:27 | 02:24:14 |
| 30 | 37 | Andy Thomas | SM | Leicester Tri | 00:19:23 | 00:37:57 | 01:02:54 | 00:24:58 | 02:25:12 |
| 31 | 42 | David Beale | SM | - | 00:14:53 | 00:43:02 | 00:59:24 | 00:28:44 | 02:26:03 |
| 32 | 22 | Susannah Way | FV40 | Shrewsbury Canoe Club | 00:14:23 | 00:35:13 | 01:02:50 | 00:34:02 | 02:26:28 |
| 33 | 33 | Garry Grey | MV50 | Garden City Runners | 00:21:06 | 00:39:48 | 01:00:40 | 00:27:26 | 02:29:00 |
| 34 | 40 | Rebecca Sore | SF | - | 00:14:07 | 00:43:58 | 01:02:18 | 00:29:28 | 02:29:51 |
| 35 | 32 | Alan Haird | MV40 | - | 00:14:39 | 00:37:08 | 01:02:14 | 00:40:07 | 02:34:08 |
| 36 | 13 | Chris Brolly | MV40 | Stortford Tri | 00:17:05 | 00:43:04 | 01:12:30 | 00:25:00 | 02:37:39 |
| 37 | 1 | Ali Bate | FV40 | Phoenix Tri | 00:20:47 | 00:40:36 | 01:06:05 | 00:32:42 | 02:40:10 |
| 38 | 12 | Myrid Ramsay | FV40 | - | 00:21:25 | 00:40:44 | 01:09:08 | 00:30:46 | 02:42:03 |
| 39 | 38 | Julie McFarland | SF | - | 00:14:58 | 00:49:38 | 01:09:01 | 00:34:13 | 02:47:50 |
| 40 | 28 | Claire Longney | FV40 | BQA | 00:15:34 | 00:34:05 | 01:19:49 | 00:39:28 | 02:48:56 |
| 41 | 2 | Claire Peltier | SF | Phoenix Tri | 00:15:21 | 01:11:43 | 01:03:29 | 00:30:02 | 03:00:35 |
| 42 | 44 | Rod Grundy | MV40 | Leaside Racing Team | 00:19:41 | 00:30:41 | 01:39:14 | 00:44:51 | 03:14:27 |

Triathlon 2009 Runner Times

| Position | Number | Name | Category | Club | Swim | Cycle | Run | Total |
|----------|--------|---------------------------|----------|------------------------|----------|----------|----------|----------|
| 1 | 68 | Alan Barratt | MV40 | Bedford Harriers | 00:07:27 | 00:52:22 | 00:20:36 | 01:20:25 |
| 2 | 75 | Liz Tapper | SF | Vale Of Aylesbury | 00:07:14 | 00:53:17 | 00:20:50 | 01:21:21 |
| 3 | 77 | Richard Piron | MV50 | - | 00:07:36 | 00:52:18 | 00:21:33 | 01:21:27 |
| 4 | 84 | Christopher Suckling | MV40 | FVS | 00:06:57 | 00:51:53 | 00:22:45 | 01:21:35 |
| 5 | 73 | Daren Haseldine | MV40 | Team MK | 00:05:59 | 00:51:50 | 00:24:25 | 01:22:14 |
| 6 | 66 | Geoff Cooper | MV40 | Bedford Harriers | 00:07:01 | 00:51:43 | 00:23:39 | 01:22:23 |
| 7 | 81 | John Risby | MV50 | Team MK | 00:10:00 | 00:49:42 | 00:23:06 | 01:22:48 |
| 8 | 79 | Adam Moore | MU21 | - | 00:09:36 | 00:49:43 | 00:23:50 | 01:23:09 |
| 9 | 72 | Tracey Haseldine | FV40 | Team MK | 00:06:59 | 00:52:31 | 00:23:41 | 01:23:11 |
| 10 | 88 | Andy Green | MV40 | - | 00:07:55 | 00:53:23 | 00:23:06 | 01:24:24 |
| 11 | 82 | Michael Rogers | SM | - | 00:09:11 | 00:52:34 | 00:23:14 | 01:24:59 |
| 12 | 87 | Kevan Armstrong | MV50 | FVS | 00:06:36 | 00:55:02 | 00:24:36 | 01:26:14 |
| 13 | 83 | Marc Miller | SM | - | 00:06:56 | 00:56:58 | 00:23:35 | 01:27:29 |
| 14 | 76 | Lisette Bonin-Casey | FV40 | Bedford Harriers | 00:07:26 | 00:57:12 | 00:23:45 | 01:28:23 |
| 15 | 85 | Jeff Ryan | MV40 | FVS | 00:08:53 | 00:57:34 | 00:24:35 | 01:31:02 |
| 16 | 63 | Jo Davies | SF | - | 00:06:33 | 01:01:21 | 00:23:57 | 01:31:51 |
| 17 | 69 | Gary Moore | MV50 | Bedford Harriers | 00:09:17 | 00:57:44 | 00:27:09 | 01:34:10 |
| 18 | 80 | Jeff Joynson | MV40 | Colworth Striders | 00:08:20 | 01:02:06 | 00:26:37 | 01:37:03 |
| 19 | 71 | Rhodri Davies | MV50 | City of St. Alban S.C. | 00:10:49 | 01:05:22 | 00:22:10 | 01:38:21 |
| 20 | 70 | Ben Bradbury | MU21 | - | 00:09:22 | 00:57:41 | 00:34:05 | 01:41:08 |
| 21 | 86 | Stephen Ryan | MV40 | - | 00:12:15 | 01:01:04 | 00:28:40 | 01:41:59 |
| 22 | 78 | Simon Harding | MV40 | - | 00:08:16 | 01:06:55 | 00:28:52 | 01:44:03 |
| 23 | 64 | Margit Wendelberger-James | FV40 | Walden-Tri | 00:09:30 | 01:15:39 | 00:20:50 | 01:45:59 |
| 24 | 65 | John Gray | SM | - | 00:07:29 | 01:12:12 | 00:28:00 | 01:47:41 |
| 25 | 67 | Steve Crane | MV50 | Bedford Harriers | 00:10:18 | 01:10:58 | 00:30:43 | 01:51:59 |
| 26 | 74 | Steve Gingell | MV50 | Traks | 00:07:33 | 01:13:56 | 00:38:37 | 02:00:06 |
| 27 | 62 | Barbara Bradbury | FV50 | - | 00:13:51 | 01:12:38 | 00:38:58 | 02:05:27 |