

WADENHOE - 29 NOVEMBER 2009

Finish Position	competitor forename	competitor surname	race number	type	club	time for run lap 1	time for run 2	time for Kayak lap	time for bike lap 1	time for bike lap 2	time for bike lap 3	time for bike lap 4	time for bike lap 5	time for bike lap 6	time for run lap 3	total time
1	Andy	Grimwood	48	MV40	Lincsquad	00:07:20	00:07:48	00:25:44	00:07:17	00:06:57	00:07:00	00:07:01	00:06:43	00:07:11	00:09:04	01:32:05
2	Colin	Peck	52	SM	Colchester Harriers	00:00:00	00:00:00	00:00:00	00:00:00	00:00:00	00:00:00	00:00:00	00:00:00	00:00:00	00:00:00	01:32:39
3	Garry	Grinham	49	MV40	FVS Tri	00:06:33	00:07:00	00:31:43	00:06:58	00:06:43	00:06:39	00:06:30	00:06:43	00:07:26	00:07:19	01:33:34
4	Richard	Stagg	55	MV50	Cambridge Canoe Club	00:07:48	00:08:22	00:28:00	00:07:17	00:07:02	00:06:53	00:06:59	00:07:06	00:07:05	00:08:44	01:35:16
5	John	Fryer	47	SM	Colchester Harriers	00:05:56	00:06:37	00:32:04	00:06:58	00:07:11	00:07:07	00:07:20	00:07:40	00:07:50	00:07:18	01:36:01
6	Jean & Dave	Ashley	41	MV50	Lincsquad	00:08:37	00:08:51	00:29:54	00:06:42	00:07:27	00:07:25	00:07:21	00:07:21	00:07:17	00:09:17	01:40:12
7	Paul	Carr	43	SM	0	00:06:37	00:07:05	00:38:20	00:06:51	00:06:47	00:06:54	00:06:55	00:07:27	00:07:29	00:07:22	01:41:47
8	James	Buchanan	61	SM	Croydon Harriers	00:06:00	00:05:57	00:39:42	00:07:22	00:07:38	00:07:20	00:07:20	00:07:15	00:07:06	00:06:20	01:42:00
9	Steven	Bullivant	57	SM	Lincsquad	00:07:18	00:00:00	00:08:16	00:27:24	00:08:32	00:08:22	00:08:26	00:08:29	00:08:47	00:08:31	01:42:37
10	Steve	Rust	63	MV40	Trisports	00:07:58	00:08:26	00:28:56	00:07:48	00:07:37	00:07:56	00:09:20	00:07:57	00:08:50	00:09:27	01:44:15
11	Willie	Carr	60	MV40	0	00:09:38	00:10:24	00:33:37	00:07:44	00:07:40	00:07:27	00:08:01	00:08:21	00:07:50	00:12:02	01:52:44
12	Patrick	Moore	62	MV50	0	00:08:10	00:08:34	00:34:10	00:08:23	00:08:19	00:08:46	00:09:01	00:09:07	00:09:17	00:09:21	01:53:08
13	Matt	Anderson	40	SM	Croydon Harriers	00:07:30	00:08:47	00:36:54	00:08:53	00:08:46	00:08:35	00:08:35	00:08:06	00:08:45	00:09:30	01:54:21
14	Nicole	Zahn	64	SF	Cambridge Canoe Club	00:09:55	00:09:32	00:31:58	00:00:00	00:09:04	00:08:52	00:08:59	00:09:05	00:09:16	00:09:32	01:56:21
15	Neil	Coston	44	U23	0	00:07:55	00:08:54	00:37:03	00:08:58	00:09:01	00:08:53	00:08:43	00:08:42	00:08:47	00:09:29	01:56:25
16	David	Reynolds	53	SM	0	00:07:54	00:07:49	00:57:59	00:08:15	00:08:26	00:08:21	00:09:18	00:09:41	00:00:00	00:00:00	01:57:44
17	Liam	Wade	56	SM	0	00:07:37	00:08:04	00:50:38	00:08:43	00:08:33	00:08:34	00:08:27	00:08:20	00:08:36	00:09:09	02:06:41
18	David	Meliveo	59	SM	0	00:07:35	00:07:57	00:43:31	00:09:50	00:08:51	00:13:07	00:09:59	00:08:43	00:10:28	00:08:53	02:08:54
19	Lucy	Fern	46	FV40	Nimrod Runners	00:09:52	00:10:01	00:41:56	00:10:19	00:11:26	00:11:21	00:11:25	00:12:06	00:12:38	00:12:59	02:24:03
20	Tim	McKeegan	58	SM	0	00:09:57	00:11:10	00:44:45	00:11:27	00:11:32	00:11:02	00:11:00	00:10:29	00:11:01	00:14:48	02:27:11
	Lisa	Dunne	45	SF	FVS Tri	00:00:00	00:00:00	00:00:00	00:00:00	00:00:00	00:00:00	00:00:00	00:00:00	00:00:00	00:00:00	DNF
	Ryan	Hunt	50	U18	RCSCC	00:08:00	00:09:53	00:37:54	00:11:42	00:11:10	00:00:00	00:00:00	00:00:00	00:00:00	00:00:00	DNF
	Timothy	Murray	51	SM	0	00:00:00	00:00:00	00:00:00	00:00:00	00:00:00	00:00:00	00:00:00	00:00:00	00:00:00	00:00:00	DNF
	Chris	Ripley	54	SM	0	00:07:27	00:08:25	00:00:00	00:00:00	00:00:00	00:00:00	00:00:00	00:00:00	00:00:00	00:00:00	DNF