

WADENHOE - 29 NOVEMBER 2009

Finish Position	competitor forename	competitor surname	race number	type	club	time for run lap 1	time for run lap 2	time for bike lap 1	time for bike lap 2	time for bike lap 3	time for bike lap 4	time for bike lap 5	time for bike lap 6	time for run lap 3	time for run lap 4	total time
1	Ryan	Henry	9	SM	Mountain HARDwear	00:06:13	00:07:15	00:05:15	00:05:30	00:05:35	00:05:33	00:05:43	00:05:50	00:07:28	00:07:34	01:01:56
2	Troy	Garrity	3	SM	Corby AC	00:06:17	00:06:45	00:06:35	00:06:30	00:06:24	00:06:25	00:06:27	00:06:31	00:06:27	00:06:20	01:04:41
3	Mick	Revill	15	MV40	0	00:06:29	00:07:35	00:07:27	00:07:13	00:07:06	00:07:05	00:07:09	00:07:54	00:07:35	00:00:00	01:05:35
4	Steve	Giles	22	MV40	Pactrac	00:06:05	00:07:16	00:06:36	00:06:33	00:06:23	00:06:22	00:06:19	00:06:59	00:08:27	00:07:25	01:08:25
5	Patrick	Schalbetter	20	MV40	0	00:06:42	00:08:12	00:06:26	00:06:22	00:06:22	00:06:21	00:05:59	00:06:55	00:08:00	00:08:44	01:10:03
6	Paul	Hannah	11	MV50	Stamford Striders	00:07:07	00:08:30	00:07:36	00:07:35	00:07:39	00:07:51	00:07:37	00:08:31	00:08:02	00:00:00	01:10:27
7	Andy	Green	1	MV40	0	00:06:54	00:08:06	00:07:16	00:07:13	00:06:57	00:06:54	00:06:51	00:07:39	00:07:58	00:07:56	01:13:44
8	Graham	Pigott	27	SM	0	00:07:32	00:08:24	00:08:32	00:07:35	00:07:37	00:07:27	00:08:44	00:07:52	00:04:33	00:04:11	01:20:28
9	Gary	Moore	4	MV50	Bedford Harriers	00:08:48	00:09:07	00:07:35	00:07:32	00:07:29	00:07:17	00:07:21	00:07:34	00:09:11	00:09:15	01:21:09
10	Ben	Winter	5	MV50	Bourne	00:08:08	00:08:28	00:06:03	00:07:51	00:07:48	00:07:26	00:07:32	00:07:35	00:11:26	00:09:06	01:21:23
11	Michael	Reid	10	MV40	Numplumz	00:07:52	00:09:53	00:07:28	00:07:22	00:07:25	00:07:34	00:07:06	00:07:39	00:10:10	00:09:25	01:21:54
12	Simon	Hodson	17	MV40	Peterborough	00:08:55	00:09:26	00:06:09	00:07:42	00:07:37	00:07:21	00:07:37	00:07:51	00:09:45	00:09:53	01:22:16
13	Sam	Blakeman	24	U23	Kettering Town Harriers	00:07:13	00:07:45	00:08:34	00:09:06	00:09:00	00:08:51	00:08:42	00:08:41	00:07:31	00:07:43	01:23:06
14	Stephen	Walker	2	SM	0	00:07:22	00:09:40	00:06:18	00:08:28	00:08:28	00:08:33	00:08:45	00:08:53	00:10:12	00:10:40	01:27:19
15	Roz	Giles	23	SF	Pactrac	00:08:12	00:09:21	00:08:37	00:08:21	00:08:30	00:08:46	00:08:20	00:09:18	00:09:20	00:09:19	01:28:04
16	Phil	Cavanagh	18	MV40	0	00:09:18	00:09:54	00:09:09	00:06:45	00:08:55	00:08:28	00:08:41	00:08:57	00:09:59	00:09:44	01:29:50
17	Peter	Boddy	12	MV40	0	00:08:41	00:09:45	00:08:53	00:08:35	00:08:45	00:08:22	00:08:26	00:08:59	00:10:08	00:09:45	01:30:19
18	Terry	Wright	14	MV40	Pactrac	00:08:47	00:09:41	00:08:59	00:08:11	00:08:19	00:08:08	00:08:28	00:09:06	00:10:20	00:10:27	01:30:26
19	Tim	Bloodworth	25	MV40	0	00:08:46	00:09:47	00:08:17	00:08:42	00:09:01	00:08:41	00:08:28	00:08:41	00:10:08	00:09:58	01:30:29
20	David	Bedford	28	SM	Pactrac	00:08:20	00:09:43	00:08:49	00:08:52	00:09:09	00:08:42	00:09:05	00:09:07	00:09:49	00:09:41	01:31:17
21	Ian	Dick	7	MV60	Rockingham Forest Wheelers	00:09:40	00:11:45	00:07:45	00:07:49	00:07:42	00:07:31	00:07:43	00:09:04	00:11:23	00:11:19	01:31:41
22	Tracy	Kennedy	19	SF	Trisports	00:08:28	00:09:08	00:09:39	00:09:43	00:09:44	00:09:44	00:09:19	00:10:01	00:10:09	00:09:37	01:35:32
23	Paul	Bloodworth	26	MV40	0	00:09:06	00:10:19	00:09:17	00:09:27	00:09:22	00:09:28	00:09:04	00:09:16	00:00:43	00:10:03	01:35:38
24	Blair	Rountree	21	SM	0	00:09:43	00:11:05	00:09:05	00:09:11	00:09:49	00:09:01	00:19:33	00:13:32	00:11:11	00:00:00	01:42:10
25	Sheona	Revill	16	FV40	0	00:09:59	00:10:14	00:10:22	00:10:24	00:10:12	00:10:10	00:10:03	00:10:39	00:10:55	00:10:25	01:43:23
26	Emma	Cook	8	SF	Rockingham Forest Wheelers	00:10:00	00:12:11	00:09:57	00:09:43	00:09:10	00:09:24	00:09:54	00:10:29	00:11:54	00:12:04	01:44:46
	Steve	Gibbons	6	MV40	0	00:12:48	00:00:00	00:00:00	00:00:00	00:00:00	00:00:00	00:00:00	00:00:00	00:00:00	00:00:00	DNF
	Glynn	Preston	13	SM	0	00:07:10	00:08:35	00:05:55	00:06:13	00:00:00	00:00:00	00:00:00	00:00:00	00:00:00	00:00:00	DNF